



THE STEPPING STONES GROUP

Transforming Lives Together



Scan the QR Code to request mental health services for your school district!

THE STEPPING STONES GROUP OFFERS A MULTI-TIERED APPROACH TO K-12 MENTAL HEALTH SERVICES

Our tiered model of support was designed to fit into your school district's current framework and offer flexibility based on your unique learning communities' needs. SSG is your trusted partner for service implementation, strategic planning and unlocking federal, state and grant funding opportunities to help all students succeed.



FOUNDATION

Mental Health Strategic Planning & Education

- Assess and create a strategic mental health action plan
- Provide professional development training for district staff



TIER 1

Mental Health Screening & Social Emotional Support

- Conduct universal screening
- Teach social emotional learning strategies



TIER 2

Light to Moderate Mental Health Support

- Solution-focused counseling
- Short-term emotional regulation counseling
- Individual and group counseling



TIER 3

Intensive Mental Health Support

- Diagnostic assessment
- Individualized plan of care creation
- Individual, group and family psychotherapy
- Crisis response

Already have a mental health strategic plan and just need the professionals to execute?



We have a team of mental health professionals who are licensed and ready to assist:

- Mental Health Professionals (MHP)
- Licensed Professional Counselors (LPC)
- Social Workers
- Mental Health Interventionists
- Licensed Marriage Family Therapists (LMFT)